

Dr. Katrina Hall Smith

Transforming Caregiving with Compassion and Expertise

Dr. Katrina Hall Smith is a leading expert in elder care and caregiving, with decades of experience as a family medicine physician and advocate for caregivers. Her unique perspective blends professional knowledge with personal caregiving experience, making her a powerful voice in the field. As the founder of It Takes A Village, Dr. Smith has dedicated her career to providing caregivers with the resources, support, and practical strategies they need to thrive.

A compassionate and engaging speaker, Dr. Smith has spoken at community events. Her talks focus on helping caregivers find balance, reduce stress, and plan effectively for elder care. Whether addressing healthcare professionals, caregivers, or corporate teams, Dr. Smith's warm and relatable style leaves audiences empowered and equipped with actionable tools for their caregiving journey.

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