

Speaker Kit

Dr. Katrina Hall Smith



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Dr. Katrina Hall Smith

Expert in Elder Care & Caregiver Empowerment

Dr. Katrina Hall Smith is a highly regarded elder care expert, speaker, and advocate for caregivers, known for her ability to engage and inspire diverse audiences. With decades of experience as a family medicine physician and a deep personal connection to caregiving, Dr. Smith brings both professional expertise and heartfelt compassion to every stage she steps on. Her keynotes and presentations provide practical, actionable strategies for caregiving, stress management, and elder care planning, blending evidence-based insights with her own experiences as a caregiver.

Dr. Smith has been a standout speaker at caregiving conferences, corporate wellness programs, and community events across the country, leaving audiences empowered and equipped to handle the demands of caregiving with confidence and grace. Whether addressing healthcare professionals, family caregivers, or corporate teams, her warm and relatable style ensures that everyone walks away with tools they can apply immediately to improve their caregiving journey.



Keynote Topics



**Balancing Work and Caregiving:
Strategies for Managing Both Roles**



**Empowering Caregivers: Tools for
Reducing Stress and Improving
Well-Being**



**Elder Care Planning: Preparing for
Long-Term Care with Confidence**

Brand Imagery

See all the approved images of Dr. Katrina Hall Smith [here](#).



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