

Dr. Katrina Hall Smith

A Champion for Caregivers, A Leader in Elder Care

Today, we are honored to welcome a true champion for caregivers—**Dr. Katrina Hall Smith**. As both a seasoned family medicine physician and a caregiver herself, Dr. Smith brings a rare blend of professional expertise and personal experience to the stage. She understands firsthand the emotional, physical, and mental challenges that caregivers face every day, and she has dedicated her life to providing solutions that truly make a difference.

Dr. Smith is the founder of It Takes A Village, a groundbreaking organization that empowers caregivers with the resources, community, and support they need to thrive. With decades of experience, she has become one of the leading voices in elder care, known for her compassionate approach, practical strategies, and unwavering commitment to improving the lives of caregivers.

Her message today is clear: You don't have to navigate caregiving alone. Whether you're balancing a career with caregiving responsibilities, planning for long-term elder care, or simply seeking ways to reduce stress, Dr. Smith is here to equip you with actionable tools and a renewed sense of hope. Her powerful insights have inspired caregivers, healthcare professionals, and organizations around the country. We are fortunate to have her here with us today. Please join me in welcoming the one and only, **Dr. Katrina Hall Smith!**

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